

Nar Phu Valley Trek

Trip Overview

Nar Phu Valley Trek is an off-beaten trail in the Annapurna region. The trail to Nar Phu Valley is full of high cliffs and gigantic hills. The sight of the glorious mountains can be seen at the end of the trek. The Nar Phu Valley Trek is not like any other trekking route in Nepal where you explore the beautiful Himalayas. On this trek, you can discover the medieval villages of Nepal, which will take you to ancient times. The villages are so different from other villages in Nepal. The architecture and designs of the houses are unusual in other villages in Nepal. You cross several villages on the way.

Nar Phu Valley is the most untouched part of the Annapurna region. It has not been long since trekking in this region has become popular. Though road construction has taken place in this region, the roads are not suitable for vehicles to drive on. Walking through the slopes and the landslides that affected the path is thrilling and intense at the same time. The path is rocky and rugged, so it will be hard to walk through these routes. The trail is intense, so you have to be conscious of the path on which you will be walking.

The trail is daring and adventurous at the same time. These trails are perfect for those who are looking to get an adrenaline rush. Though the trail is extreme, the beautiful ancient villages and the sights of beautiful landscapes are worth every difficult trail that you walk through. During the trial, you may pass a few similar villages, like Nar and Phu. It is the only trail where you can see the villages in medieval design and architecture. You may also encounter yaks and blues on the trip.

The Nar Phu Valley Trek also consists of camping at Long Camp. Long is more unusual to pass than the rest of the other passes in this region. Most of the passes meet at the base, but Loang passes meet at the top and offer the best view of the Annapurna range. The point is among one of the best viewpoints in the Annapurna region. After leaving Phu, you will make your journey to Long and spend a day and a night there. Long gives the best views of the Annapurna range, Yak Kharkas, pasturelands, and many more.

Trekking in the Nar and Phu Gau is a complete package of exploring culture, naturally beautiful countryside, and the sights of beautiful, glistening snow-capped mountains. Also, reaching Kang La Pass and getting to see the panoramic view of the stunning mountains is an achievement in itself.

Plan your trip with High Land Eco-Trek and discover the lost valley in the Himalayas of Nepal.

Trip Highlights

Trip Itinerary

Day 1: Pick up from airport transfer to Hotel

Cost Includes

Cost Excludes